



Agua Caliente Outing

Req #4 & 7

An after action report



- Use the My Plate food guide to record for each meal:
 - Food groups used?
 - Was the meal balanced?
 - Are the portions appropriate?
- Cooking style/ equipment used
- Evaluate meal on presentation and taste
 - How to improve and enhance the meal (better planning and preparation)

Saturday Afternoon Meal

■ Mediterranean Ramen

- Food groups used?
- Was the meal balanced?
- Are the portions appropriate?
- Cooking style/ equipment used?
- Presentation & taste?
- How to improve?



Ramen- boiling

Saturday Evening Meal

■ Appalachian Chicken & Rice, Shake It! Pudding

- Food groups used?
- Was the meal balanced?
- Are the portions appropriate?
- Cooking style/ equipment used?
- Presentation & taste?
- How to improve?



Chicken & Rice – boiling
Pudding – No cook

Sunday Morning Meal

■ Northwoods Oatmeal

- Food groups used?
- Was the meal balanced?
- Are the portions appropriate?
- Cooking style/ equipment used?
- Presentation & taste?
- How to improve?



Oatmeal – boiling

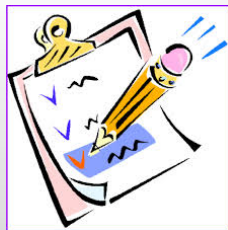
Top Grubmaster Challenge

■ FINAL QUESTION (5 pts)

- What is "wrong" with this image?



To Do Items



- **Complete Blue Cards**
 - Partial blue cards have no expiration date
- **Missing Meetings & Homework Assignments**
 - "Final Exam" will give you credit provided you have not missed 5 or more meetings.
 - Still need to turn in missing homework assignments
- **"In the Field Assignments"**
 - Backpacking Trip (3 meal assignment)
 - There will be future near-monthly opportunities
 - Camping Trip (5 meal assignment)
 - 3-day weekends available
 - Memorial Day Weekend, May 24- 26
 - Labor Day Weekend, Aug 30- Sept 1

Questions?

